

Renée N. Stack

School Counselor

Philosophy

As a school counselor, I am committed to helping and preparing students for success in today's society. I am an advocate for students' educational needs and will work to ensure these needs are addressed so that all students have the opportunity to achieve their goals. I strongly believe in collaborating with parents, teachers, administrators, and community members to support students in the learning environment. I believe it is vital that strong relationships are built with stakeholders inside and outside of the school in order to provide equity, access, and academic success for every student.

I develop and implement counseling programs that promote the academic, career, and personal/social domains. These programs are both developmental in nature and preventative in design. I believe the counseling program is an integral part of the total school curriculum and should include the American School Counselor Association's National Model along with state and local standards. My counseling style is student-centered and solution-focused. In addition, I choose strategies appropriate for the developmental level of the children and school environment.

Above all else, I abide by the professional school counseling ethics as advocated by the American School Counselor Association. It is my passion and desire to help students toward healthy growth and development, as well as share in the excitement of life-long learning.

My School Counseling *ABCs of Support*

<i>Academic</i>	<i>Behavior</i>	<i>Career</i>	<i>Social-personal</i>
<ul style="list-style-type: none">○ Motivation○ Goal Setting○ Organization○ Time Management○ Balancing○ Responsibility	<ul style="list-style-type: none">○ Incorporating metacognition○ Differentiated behav. instruction○ Modification Plans○ FBAs & BIPs○ Connor's Scales○ BOSS observations	<ul style="list-style-type: none">○ Interest Inventories using modified Dunn-Rankin○ Skill Streaming○ SDQI data	<ul style="list-style-type: none">○ Emotion ID○ Rating Emotions with Self-Control○ Self-esteem○ Social Thinking○ Self-talk○ Problem ID and Conflict Resolution○ Bullying

I am...

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...involved!

Philosophy: Students and families won't go if they don't know.

Statement: I go above and beyond in school to ensure that I am recognizable to all students and that they have knowledge about what I do so they are comfortable seeking me out for help.

...relatable!

Philosophy: Kids are most comfortable going to someone they relate to.

Statement: I am not afraid to let my guard down so kids are more comfortable. I have been known to dress up, sing and rap, and use voices and accents. Kids connect to my energy and can relate.

...tech-savvy!

Philosophy: Time does not stand still: the future is now.

Statement: I believe in the importance of being up-to-date with the latest and greatest. The students I work with are being raised in a very technological world – I want to be in their world with them!

...knowledgeable!

Philosophy: I can always learn more.

Statement: I am a nerd at heart. I love learning about what I do and staying up to date with research and theories about mental health and school counseling. I desire wisdom about my area of expertise and about current events and pop culture. If I don't know, I seek to know.

...creative!

Philosophy: Love what you do and others will be impacted.

Statement: I have always been artistic and creative. If I take something basic and embellish it, my passion for what I'm doing shines through. Others notice, and I hope it encourages them to do more than the standard.

...organized!

Philosophy: Every moment of my time is important for others.

Statement: Staying organized and managing my time are priorities so that I can ensure that the students and my colleagues know that they come first! With organization comes more efficiency and effectiveness.

...cooperative!

Philosophy: I can only be as good as my team.

Statement: I am a team player who devotes the time and energy necessary to achieve the results the team I am working with desires. I always do my best to build others up and be a valuable member of the group or team.

...accountable!

Philosophy: Follow-through builds trust.

Statement: I am most effective when I am trusted by those around me. I have found that being dependable and reliable are the foundations for strong, trustworthy, and positive relationships.

...a school counselor!